



Who you gonna call? Logistics!

The Logistics Department at McAlester Regional Health Center is a young group, formed in 2015 to combine patient transport for House and Imaging, and delivery for various equipment items: fans, bedside commodes, etc.

Today, the team comprises 6 technicians who can be seen in all areas of the hospital in their khaki scrubs. In addition to transports, discharges and equipment deliveries, the team responds to medical Codes, and is trained in CPR.

Angela Fite serves as coordinator and helps dispatch for transports, equipment and now maintenance issues involving patient care.

"If the sink is dripping, or the heat isn't working properly, we check it out and work with Maintenance to get it repaired ASAP," Fite said.

"We hope that helps nurses concentrate on patient care."

Supervisor Jill Parham said transporting patients means Logistics is often the first person a patient sees at MRHC.

"They make a really important first impression," she said.

Logistics Team members are Angelo Rivers, Cory Vaughn, Damien Pinkney, Mark Wood, Michael Uhack and Tyler Garrett.

To reach Logistics, dial 6765 during business hours, or 0 for the Operator.

Next Month: House, Float and PICC!

The MRHC Logistics Team operates throughout the hospital. Members are pictured here with House Supervisor, Float Pool and PICC/Infusion teams.



MRHC physician earns board certification



Kamron Torbati, MD, an obstetrician and gynecologist at McAlester Regional Health Center's Southeast Clinic, has earned his national board certification.

Dr. Torbati was notified Jan. 13 by the American Board of

Obstetrics & Gynecology that he has been certified as a Diplomate of the board.

"We congratulate Kamron for achieving his board certification," said CEO David Keith. "This accomplishment is

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Calendar of Events

- Feb. 2** Heart Healthy Fair, 4-6 p.m., SE Clinic, Wilburton Retirement Party for Icee Cokeley, 2 p.m., Grille
- Feb. 2-3** Scrub Sale, Large Classroom
- Feb. 4** Super Saturday Childbirth Class, MRHC, 1-4 p.m.
- Feb. 15** OBI Blood Drive, MRHC, 6 a.m. to 4 p.m.
- Mar. 11** Kids Fair, 10-2, Southeast Expo Center

CERTIFIED HEALTHY
OKLAHOMA

From the CEO: Trump & healthcare, Part 2



We now have a new President, and last month I discussed his impact on healthcare, and ultimately McAlester Regional Health Center. While we can all expect changes over the next six to 12 months, here are a few strategies being shared by my peers and our healthcare associations:

Be prepared to live under further rate cuts to public reimbursement. There is bipartisan agreement that

Medicare expenditures must be reduced to change the spending curb. This means hospitals, physicians, nurses and ancillary staff need to reinvent healthcare delivery so it is less costly, more efficient and more "retail" like.

Have an intentional Medicare risk strategy to offset rate cuts. We need to be prepared to jump into an alternative payment system including but not limited to bundled payments. Understand what your risk

tolerance is and what risk models you are agreeable to.

Renew and enhance your physician alignment strategy. When Medicare reduction hits, more physician group consolidation activity will occur, and more physicians will migrate to employment models. We need to decide who and how we partner with doctors, and why. All MRHC physicians may need to modify their practice patterns in order to participate in risk models of the future.

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yet another reason we are pleased he is a member of our team of health providers serving Southeast Oklahoma."

The CEO noted board certification is voluntary for licensed specialists; only 71 percent of all licensed obstetrician/gynecologists are board-certified. A doctor earns initial Board Certification by passing written and oral

examinations followed by the career-long learning and assessment process required by a rigorous certification program. To maintain Board Certification, a doctor must actively keep pace with the latest advances in his or her specialty and demonstrate best practices for patient safety, communications and ethics.

Kamron Torbati, MD, began practicing at Southeast Clinic, an affiliate of MRHC, in July 2015.

You are Hospital Heroes

Thank you for helping making organ, eye and tissue donation and transplantation possible.

McAlester Regional Medical Center

On January 9, a 50-year-old woman died and her family chose to honor her final wish by donating her corneas, bone, connective tissue, heart valves, and skin. Because of this generosity, numerous recipients will have a better quality of life through the gift of tissue transplants.

In tissue donation and transplantation. These miracles would not be possible without your dedication.

LifeShare
(800) 241-4483 • www.LifeShareOK.org



Congrats Don Lalli on 40 years!

40 YEARS! Chief Nursing Officer Kim Stout (left) and Perioperative Services Director Amy Blankenship congratulate Don Lalli on his recognition for 40 years of service as a Certified Surgical Technologist. Don has worked at MRHC since before it was built, beginning in 1969 at its predecessor, St. Mary's Hospital! He left for military service and returned to work at what was then McAlester General Hospital West, and later worked for several area doctors and McAlester Clinic before returning to MRHC for good in 1988. Congratulations, Don!

What our patients say:

"I recently had to visit McAlester's **ER** twice in a row, for 2 separate things! Both times the care was amazing. ... Seriously, such great service! **Dr. McAlester** and Nurse **Ken Sparks** were so kind to me. I was really appreciative of what they and all the staff at MRHC did for me!"
– Brittany Waller

"From the **ER** forward, everyone was really good! I was in so much pain and had to have **emergency surgery**. The **RNs** were wonderful and very attentive towards my needs. They were always there and asked if I needed anything. As for **Dr. Mann**, I told him he was my Hero and I will refer him to anyone!"
– Rhonda Maness

"I was a patient at your hospital for two and a half weeks under the care of **Dr. Gannon**. The reason for writing this letter is to commend your staff on the excellent care

*"The reason for writing this letter is to commend your staff on the excellent care and concern I received on the **SKU**."*

and concern I received on the **Skilled Nursing unit** on the 3rd floor. I highly commend these individuals in their care and concern for my health because they are very dedicated to their jobs and the patients they are caring for."
– Nancy Rodgers

"I had a great experience with McAlester Regional **outpatient surgery**. From the staff at **admittance, surgical staff** and **Dr. Plaxico** I felt like I was the only patient

they had that day. ... The staff was wonderful and when I became worried and a little scared, they were there to calm and reassure me. ... I would also like to thank the staff in **billing** for their professionalism and skill."
– Ellen Barlow

"MRHC is the most wonderful hospital, from the **transportation clerks** on up! **Jason Dugan, RN**, is the best Nurse and **Tammy Banker** on 2 West is something else. Nurse's Aide **Cress Folgers** was also great! **Nutritional Services** had great tasting food and **Housekeeping** was so good to me. Housekeeper **Rosemary Mullins** was so personable! MRHC has the best doctors. **Dr. Mann** always walked into my room with a smile on his face."
– Gary Sockey

February 2017



Education Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Basic Dysrhythmia 9a-4p Education Bldg	2	3	4
		7 General Orientation 8a-430p SCR	8 General Orientation 8a-430p SCR TNCC Training 8a-430p Education Bldg	9 Clinical Orientation 8a-1p Education Bldg Meditech Training 1p-430p SCR TNCC Training 8a-430p Education Bldg	10	11
		14	15 ACLS Initial 9a-5p Education Bldg	16 ACLS Initial 9a-5p Education Bldg	17	18
		21 General Orientation 8a-430p SCR CPI Training 8a-230p LCR Sitter Training 2:30p-3:30p LCR	22 General Orientation 8a-430p SCR Stroke Review 9a-11a Education Bldg	23 Clinical Orientation 8a-1p Education Bldg Meditech Training 1p-430p SCR	24	25
26	27	28 Basic Life Support 9a-4p Education Bldg				

MONTHLY EDUCATION BOOSTER

Clinical Educator
Terri Murdaugh, RN,
will round to each
department to
provide the
Education
Department's
Monthly Booster on
Feb. 10 on Rapid
Response! For more
information contact
Terri at tmurdaugh@mrhcok.com

Courses/Classes in **GREEN** are scheduled with Human Resources. Contact 918.421.8061.

Courses/Classes in **RED** are scheduled with Education. Contact 918.421.8200 or email education@mrhcok.com.

Click on the **ORANGE** Information links to view class dates and course enrollment information.

MRHC Professional Development
Center
903 E. Van Buren

Phone: 918-421-8200
Fax: 918-421-6627
E-mail: education@mrhcok.com

Striving for
always through
quality patient
care.

January Birthday Celebrants enjoyed gifts, a special luncheon and a party in their honor. Look for your birthday celebration invitation from MRHC's Human Resources Department during your birthday month!



February Birthdays at MRHC!

3 North Medical

Jennifer Green

Genalyn Young

Administration

Darryl Linnington

Ambulatory Surgery

Vivian Coulter

Cath Lab

Barbie Sims

Coding

Amanda Tompkins

Diagnostic Imaging

Kelsey Holesapple

Rayna Hubbard

Dialysis

Brenda Franks

Jennifer Hodges

Education

Terri Murdaugh

Lori Slater

Emergency Department

Katherine Purcell

Christopher Wilson

Environmental Services

Jody Davis

Tavia Siemer

Float Pool

Ginger Pitman

Food & Nutrition Services

Kala Imler

Anita Ridenour

Home Health

Christine Marsh

Human Resources

Deborah Sherwood

ICU

Alana Mattioda

Jenny Morgan

Information Systems

Derek Gray

Laboratory

Tim Golden

Maintenance

Bryan Cole

Adam Hayes

Materials Management

Greg McNall

Patient Access

Brenda Cragun

Patient Financial Services

Glenn Wilson

Perioperative Services

Leslie Christian

Joseph Daniel

Pharmacy

Ashley Douthitt

Robbie Savely

PICC/Infusion

Mike Noel

Residency Program

Dr. Chelsea Berges

Respiratory Services

Nicole Linthicum

Security

Bill Rogers

Skilled Nursing

Angela Broome

Southeast Clinic

Family Practice

Angela Dunham

Physician Services

Amber Lassiter

Urgent Care

Barbara Smith

Working Well

Sandra Andersen

Therapy Services

Pamela Chancellor

Sara Green

Van Buren House

Mickie Williamson

Gloria Wood

Wellness Center

Lynne Benedict

Sarah Wilcox

Women's & Children's Services

D'Andra Austin

Virginia Jones

Aimee Marion

uniform sale

McAlester Regional Health Center

Thursday | 2/2 | 7a – 5p

Friday | 2/3 | 7a – 3p

Large Classroom

Payroll deduction available for employees
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