



1 **Sanitize gloves.**

2 **Cross arms and grip gown on shoulders.**  
**Pull and break gown in controlled fashion.**

3 **Roll the gown towards your hands.**  
**Remove the gloves with the gown.**  
**Dispose of gloves and gown.**

4 **Sanitize hands.**

**EXIT patient room**



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## Eyes

5 **Put on gloves.**

6 **Sanitize gloves.**

7 **Do not touch face.**

8 **Remove face shield by the strap over your head without touching your skin.**

## Mask or Respirator

9 **Sanitize gloves again.**

10 **Pinch bottom strap and pull far over head.**  
**Do not let straps touch your face.**

11 **Pinch top strap and pull far over head.**  
**Do not let straps touch your face as you remove the N95.**

## Wash

12 **Remove gloves.**

13 **Head immediately to handwashing station.**  
**Wash hands with soap and water.**