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HEROES WORK HERE



One Community.  
One Vision.

2021

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Local  
Postal Customer



McAlester Regional Health Center  
2020 Annual Report



# A Message from the CEO



In 1889, a coal mine explosion rocked Krebs, resulting in hundreds of miners killed or wounded. This event devastated the community, which was ill prepared to handle such an event. As a result of that tragedy, McAlester established the first hospital in Indian Territory, the All Saints Hospital. All Saints Hospital, a 25-bed non-profit facility was opened in 1895, which would ultimately become McAlester Regional Health Center today.

Panning forward 126 years, our community is now faced with another catastrophic event, COVID-19, or the Pandemic. Although not limited to Pittsburg County, the Pandemic will have taken many lives and leave many in our community in despair. This time, however, your local hospital is prepared and resolved to fight for the lives of our patients, community, and employees. We are focused and defiant against the economic and financial pressures that the

Pandemic brings. Our employees much like our founders, are strong, committed, and resilient.

I am proud to be a part of McAlester Regional Health Center and to have served as the CEO for the past 10 years. The institution has grown from a small rural community hospital to a regional hub serving the tertiary needs of more than eight counties in Southeastern Oklahoma. The hospital continues to add healthcare programs, services, facilities, and employees. Today, the hospital employs over 700 and offers competitive salaries and some of the best benefits in Southeastern Oklahoma.

The commitment of bringing high-quality care closer to home remains steadfast. McAlester Regional Health Center was again recognized by the American Stroke Association and featured in the US News and World Report Best Hospitals for "Get With The Guidelines- Stroke GOLD PLUS: and Type 2 Diabetes Honor Roll Achievement Awards". The Hospital invested over \$5,659,025.21 in improvements including \$1,108,909.13 in equipment, \$2,923,239.70 in technology and over \$1,626,876.38 in infrastructure and buildings. Twelve additional doctors and other providers were recruited this past calendar year, expanding services in both primary and specialty care.

I am excited to announce that Southeast Healthplex is now open in downtown McAlester. The Healthplex is located at 10 S. 3rd and offers a variety of convenient

services, including the Family Medicine Residency Program, Mercy Clinic, Women's imaging services and more. MRHC Outpatient Adult Therapy is now offering Physical, Occupational, and Speech therapies at the McAlester Regional Wellness Center, located at 1400 East Van Buren. Our new partnership with Kidz Choice has resulted in Pediatric Therapy being collocated at 101 Oklahoma Avenue.

Over the next 12 months, planning and development of the Tower Project (See December 2021 page for rendering images) will begin. The Tower will house a new cancer center facility, surgery suites with robotics and an Intensive Care Unit. The multi-million-dollar project will be funded by the local sales tax reallocation, matching funds through hospital operations, generous patient giving and our MRHC Foundation. The community can expect to see architectural plans within the next 12 to 18 months.

In closing, I would like to say thank you to the community, patients, family members and employees. The support that we as an organization have received during the Pandemic has been a godsend and has not gone unnoticed.

Sincerely,

A handwritten signature in black ink that reads "David Keith". The signature is written in a cursive style.

David Keith, FACHE  
President & CEO

# Your MRHC Board of Trustees

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Mary Shannon  
**Chairman**



James Bland  
**Vice Chair**



Susan Kanard  
**Secretary**



Marti Fields



Brent Grillot



Weldon Smith

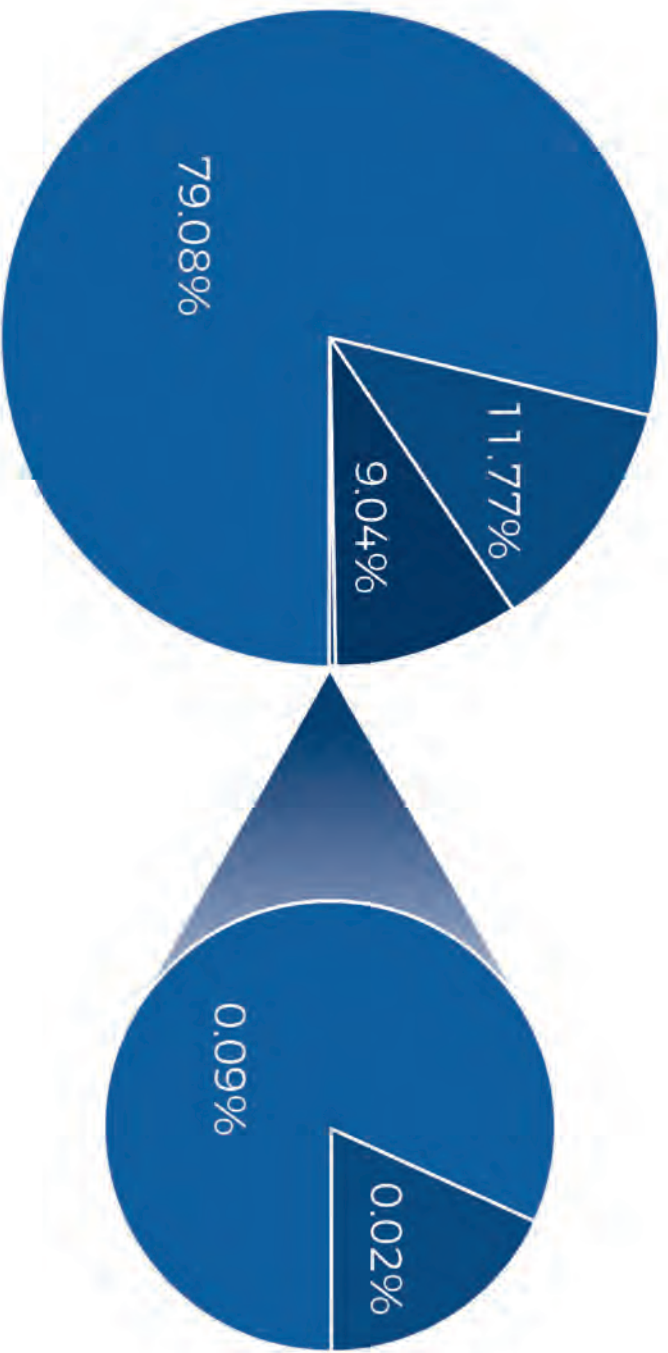


Johnny Zellmer, MD



# 2020 Community Impact

Annual Salaries	<b>\$50,481,774</b>
Uncompensated Care & Other Public Aid	<b>\$7,516,000</b>
Expenditures with Local Vendors	<b>\$5,768,313</b>
Community Education & Support	<b>\$59,166</b>
Public Contributions	<b>\$11,279</b>



2020 Unaudited Financial Statements



  
**WELCOME**  
to our community 

**RE/MAX**®

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*"Without Mike Baker and the Sports Medicine program, I wouldn't be back to playing sports again."*

*The care provided by Sammie Stone at the World Care Center is spectacular every time!"*



*"There are so many great doctors at your facility!"*

*"It was my 1st visit since the pandemic and I was nervous, but it went smooth and I felt like they were concerned about my safety because it was a sterile environment! It was a good experience overall!"*

*"One of the most terrifying moments as a parent is when your child needs emergency medical attention. Our experience in the emergency department of McAlester Regional Health Center could not have been better. Our son received the most attentive, professional, and expedited treatment. From the calm and welcoming staff at the front desk, to the attentiveness of the nurses and the quick assessment and reassurance from the physician, we felt our son was in the best place he could be at a very scary time for a child. The MRHC emergency department provided outstanding service and top notch care. We are so grateful we were able to seek immediate treatment at a facility in our local community."* - Lori

## PATIENT TESTIMONIALS

*The care I received during my six-day stay at MRHC was awesome! The team on 3M does an amazing job!"*

*"The ulcer in my throat makes it very difficult to eat. Since my hyperbaric treatment, I am doing so much better."*



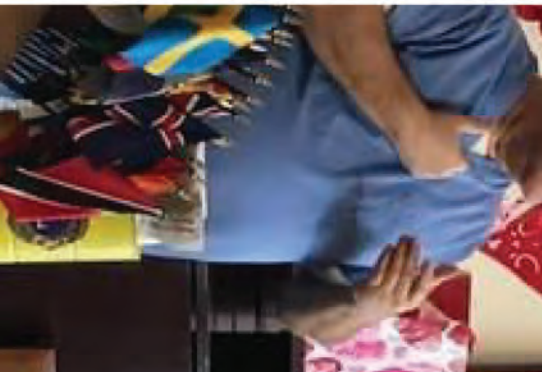
*"The emergency room is amazing, and I received nothing but excellent care from everyone."*

*"I have been in and out of the hospital a lot during the last few months, and everyone and everything at MRHC has been great!"*

*"Bennett was diagnosed with Hypoplastic Left Heart Syndrome (HLHS). Because of this, he was not mobile and had to have a feeding tube for almost a year and a half. With the help of MRHC outpatient pediatric therapy, Bennett now climbs the walls and is able to eat and drink on his own." - Jennifer*

*"Doctor Beente is really a shining star in your organization!"*  
*"I hope to have no future emergencies, but if I do, I hope I am in your care."*

*"I am confident we chose the right facility to continue our care with. Everyone is so caring!"*



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for Medicare plans.



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CommunityCare is proud to be an Oklahoma owned and operated health plan providing Medicare plans to our friends and neighbors since 1996. Our Senior Health Plan options start as low as \$0 per month – and our plans include coverage for extra benefits, like dental, vision, fitness, prescription drugs and more! Plus, we are contracted with McAlester Regional Health Center.

**Call us at 918-594-5271 to learn about our plan options.**

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**JANUARY**

01/2021



# One Community. One Vision.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>DECEMBER</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	<b>FEBRUARY</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28				01 NEW YEAR'S DAY	02
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17	18 MARTIN LUTHER KING DAY	19	20	21	22	23
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## CHRIS ROBIN

*Registered Nurse*

“Chris is a wonderful asset to our 2 West Team. He has stepped into being such an extraordinary leader and resource to our new nurses. He routinely stays over or comes in on his days off to help with any staffing difficulties. He is compassionate to his patients as well as their families.”



**OKLAHOMA  
HEART HOSPITAL**

PROUDLY PHYSICIAN OWNED

# FEBRUARY

02/2021

One Community. One Vision.

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## JORDAN WILSON

*Registered Nurse*

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“Jordan has a great work ethic, she can handle any obstacle that’s thrown her way, and she’s passionate about her love for helping deliver babies.”



# MARCH

03/2021

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	01	02	03	04	05	06	
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14 DAYLIGHT SAVINGS TIME BEGINS	15	16	17 ST. PATRICK'S DAY	18	19	20 SPRING BEGINS	
21	22	23	24	25	26	27	
28	29	30	31	<b>FEBRUARY</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28		<b>APRIL</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	



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## JENNA HARRISON

*Lead ICU Monitor Tech*

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“Jenna is always smiling and making work fun. Her job is to keep an eye on every heart in the hospital as the lead monitor tech, you can tell she is passionate about her role and loves her job. Every coworker loves Jenna and hard days become brighter when Jenna is around.”



# APRIL

04/2021

# One Community. One Vision.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MARCH</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	<b>MAY</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			<b>01</b> APRIL FOOLS' DAY	<b>02</b>	<b>03</b>
<b>04</b> EASTER	<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>
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<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> ADMINISTRATIVE PROFESSIONALS DAY	<b>22</b> EARTH DAY	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	



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## AMY REMBER

*Infection Control Nurse*

---

“Amy Rember is the true definition of quality at MRHC and is well respected by her peers. She goes above and beyond every day to ensure we have the necessary education and tools to practice infection prevention and control for the safety of our staff, patients, and guest. She has been an incredible resource to the organization during the COVID-19 Pandemic crisis.”

**MAY**

05/2021



# One Community. One Vision.

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<b>APRIL</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		<b>JUNE</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28										01	
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30		31 MEMORIAL DAY											



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## CHARLIE FOLSOM

*Licensed Practical Nurse*

---

“Charlie is an outstanding nurse; he treats all patient’s with respect and kindness. He is a loyal employee and would do anything for anyone that needs help on the job and outside the job. “

**JUNE**

06/2021

One Community. One Vision.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		01	02	03	04	05
06	07	08	09	10	11	12
13	14 FLAG DAY	15	16	17	18	19
20 FATHER'S DAY SUMMER BEGINS	21	22	23	24	25	26
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## ADELE JONES

*Registered Nurse*

---

“Adele is exactly what we strive to have as a Registered Nurse at MRHC. She is compassionate and empathetic with every single patient she has. She treats every patient like they are her own family. Adele strives to learn new things every single time she is at work, to always better herself as a nurse. Every employee loves Adele and loves to work with Adele, she is a team player and always willing to give her patients her all.”

**JULY**

07/2021

# One Community. One Vision.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>JUNE</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	<b>AUGUST</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			01	02	03
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**BRIDGET THOMPSON**  
*Mammographer*

---

“Bridget provides professional heartfelt care, always with a smile and a great attitude.”



**AUGUST**

08/2021

One Community. One Vision.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																																		
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## SUNI DUGAN

*House Supervisor*

---

“SunI has a positive attitude all the time. She is someone you can count on. Staff, physicians, and her coworkers enjoy working with her. She has a heart for nurses and patients, and always knows the right thing to say to comfort others. She is a great asset to our facility.”



# SEPTEMBER

09/2021



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SUNDAY							MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY					SATURDAY				
<b>AUGUST</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31							<b>OCTOBER</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31					01					02					03					04									
05							06 LABOR DAY					07					08					09					10					11				
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26							27					28					29					30														



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Photos from 2019 Community Health Fair



The McAlester Regional Health Center Foundation is a charitable, non-profit organization whose mission is to promote and provide financial support to McAlester Regional Health Center to improve the health and lives of those living in SE Oklahoma. We continue to participate and support worthwhile activities and events that will have a positive impact on the health and lives of people in Southeast Oklahoma over time. The foundation joins McAlester Regional Health Center in its efforts to provide a center of service excellence.

To learn more about the MRHC Foundation, go to [www.mrhcok.com/foundation](http://www.mrhcok.com/foundation)

# OCTOBER

10/2021

# One Community. One Vision.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>SEPTEMBER</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	<b>NOVEMBER</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30				01	02
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10	11 COLUMBUS DAY	12	13	14	15	16
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31 HALLOWEEN						



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**NOVEMBER**

11/2021

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01	02	03	04	05	06
07 DAYLIGHT SAVING TIME ENDS	08	09	10	11 VETERANS DAY	12	13
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**DECEMBER**

12/2021

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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12	13	14	15	16	17	18
19	20	21	22	23	24 CHRISTMAS EVE	25 CHRISTMAS DAY
26	27	28	29	30	31 NEW YEAR'S EVE	



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McAlester, OK 74501  
918.426.1800

One Community. One Vision.

## Service Centers of MRHC

Adult Outpatient Therapy  
918.421.6800

Family Practice Residency Program  
918.421.4673

General Information  
918.426.1800

Life Bridge Geropsychology  
918.421.4700

McAlester Ambulatory Surgery Center  
918.421.8007

McAlester Regional Home Health Care  
918.421.8018

McAlester Regional Rehabilitation Unit  
918.421.8063

MRHC Wellness Center  
918.421.6600

Sleep Center  
918.421.8097

Southeast HealthPlex  
918.421.6565

Southeast Hospice  
918.302.3053

Southeast Pediatric Therapy  
918.421.3935

Van Buren House Assisted Living  
918.426.5600

Wound Care  
918.421.6000

## Service Centers of Southeast Clinic

Eufaula Urgent Care  
918.490.7011

Family Medicine  
918.421.4673

Gastroenterology  
918.421.6846

General Surgery  
918.421.6846

Internal Medicine  
918.421.8966

Mercy Clinic  
918.421.6795

McAlester Urgent Care  
918.421.6960

Obstetrics & Gynecology  
918.421.6797

Oklahoma Heart at Southeast Clinic  
918.421.4671

Orthopedics  
918.421.6753

Pediatrics  
918.421.4850

Podiatry  
918.421.4680

Pulmonology  
918.421.4600

Surgical Arts  
918.421.4840

Urology  
918.558.5851

Working Well Occupational Health  
918.421.8166

## Services Provided by MRHC

Ambulatory Surgery

Anesthesiology

Assisted Living

Cardiology

Children's Services

Critical/Intensive Care

Diagnostic Imaging

Dialysis McAlester

Dialysis Eufaula

Emergency Services

Family Practice

Gastroenterology

General Surgery

Geropsychology

Gynecology

Home Health Care

Hospice

Hospitalist

Internal Medicine

Labor & Delivery

Laboratory Services

Life Bridge

Nutritional Services

Obstetrics

Occupational Health

Occupational Therapy

Orthopedics

Outpatient Therapy

Pediatrics

PICC/Infusion Services

Physical Therapy

Podiatry

Rehabilitation

Residential Care

Respiratory Therapy

Rotary House

Skilled Nursing Care

Sleep Center

Social Services

Speech Therapy

Surgical Services

Urgent Care

Wellness Center

Women's Care

Women's Imaging

Wound Care &  
Hyperbaric Medicine