

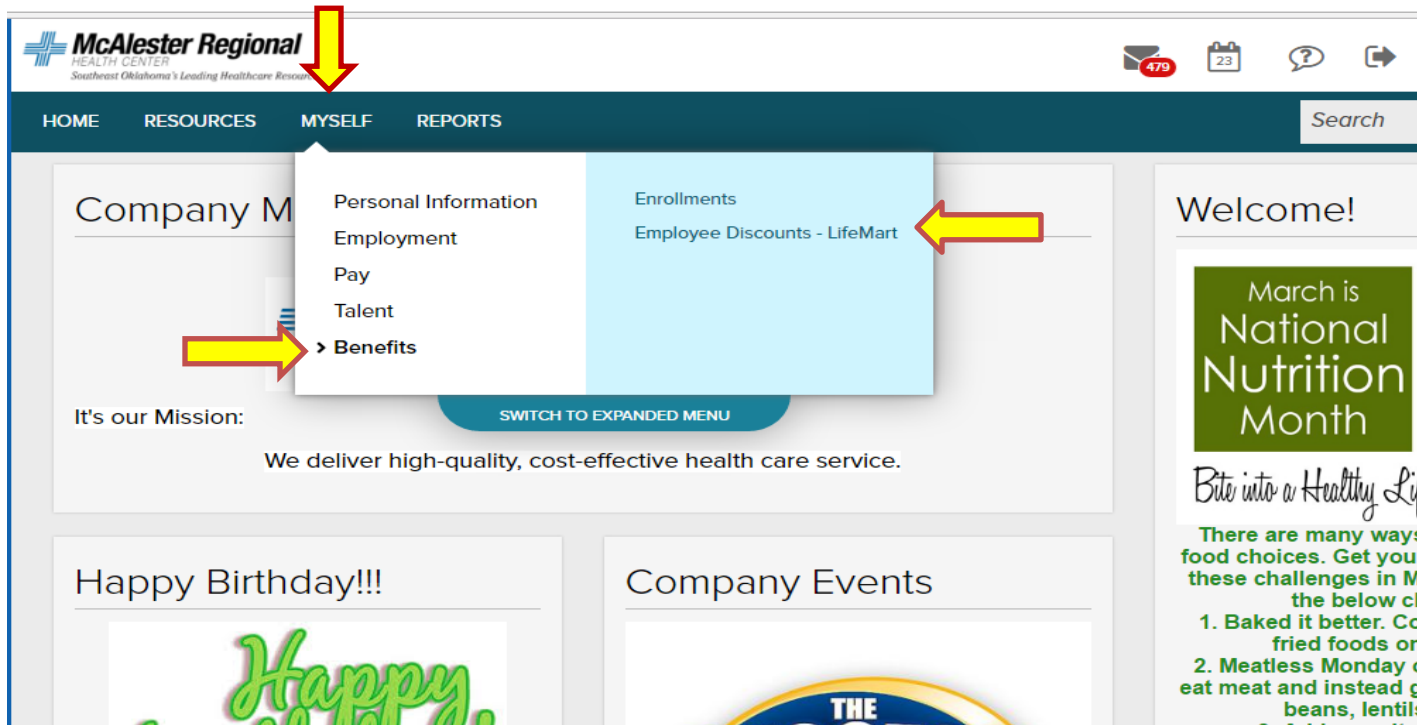
Managing your Benefits

Here is a list of important websites. You can access any benefits that you are already signed up for by logging into each website and creating a username and password. This is a great way of keeping track of your benefits.

COMPANY	WEBSITE	Phone #
WebTPA – Medical and Dental Insurance <i>(you can also request new cards online)</i>	www.WebTPA.com	877-593-2872
OHN – Verify if doctor is in network or out	www.OHNonline.com	800-816-5356
VSP – Vision Insurance	www.VSP.com	800-877-7195
WELLDYNERX – Prescriptions	www.welldynrx.com	888-479-2000
American Fidelity – Flex Spending, Short Term Disability, Hospitalization, Accidental, Cancer Term Life, Critical Illness (heart & stroke)	www.AmericanFidelity.com	800-662-1113
VALIC – 457B/401A Retirement Plan	www.VALIC.com	800-448-2542
SYMETRA – 2017 Employee Assistance Program	www.guidanceresources.com	888-327-9573
LegalShield – Prepaid Legal and Identity Theft	www.legalshield.com	800-654-7757
Employee Wellness Solutions – Employee wellness program, webinars, monitor points	www.mcalester.wellemployeesolutions.com	877-469-5411

Employee Discounts

- www.ticketsatwork.com – Use Company Code: **MCALESTER**
- **LifeMart** – Log on to your **ADP Self Service Portal**. Click on **MYSELF**, then down to **Benefits**, then to the right to **Employee Discounts – LifeMart**. LifeMart has discounts for things like groceries, diapers, travel, dining, car buying and lots more.



- **Liberty Mutual** – Need insurance for Auto, Home, Condo or Renters insurance. Call Jeremy Nelson at 405-486-7346 for a free quote.